# **CASTLEBAR PARISH NEWSLETTER**

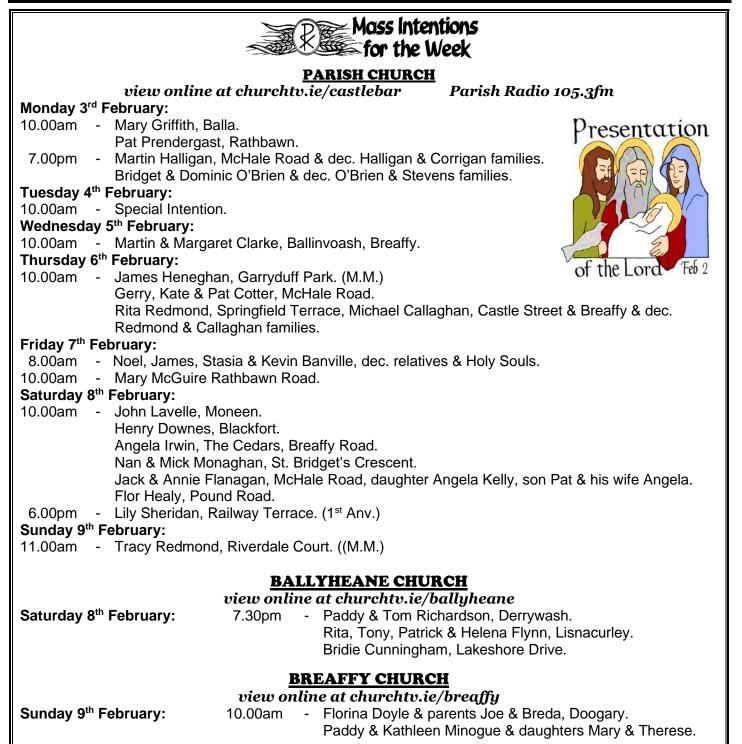
Website: www.castlebarparish.ie email: castlebarparish@gmail.com

**Sunday Mass Times** 

Parish Church: 6pm (Sat), 9am, 11am Ballyheane Church: 7.30pm (Sat.) Breaffy Church: 10am

Priests: Fr. Conal Eustace PP, Fr. Shane Costello CC, Fr. George Kappen CC. Tel. 094 9021844

Diocesan Child Safeguarding: More information available at www.tuamarchdiocese.org Anyone with issues or concerns around the safety of children should tel. 087 9315823 or 087 4070206.





Rest in Peace

Kathleen Rowland Heraty, Cappagh, Pontoon Road. Sarah McGettigan, Donegal, sister of Susanna Kenny, Castlebar.

## The Presentation of the Lord

"You are never too old.' I remember this phrase from a good friend (who also was my mother) when I contemplated returning to college at age 42 to earn an associate degree in physical therapy. Could I learn again and read a textbook? Could I understand Physics 101? Are you kidding? After all, cookbooks and light novels were the extent of my reading! I graduated with honours, passed the state exam and began a second career at 45! Like I said 'You are never too old. No excuses!'

Anna lived her long life serving God. She allowed the Lord to work in her, and this brought her to the recognition of this infant being brought to the temple for His presentation to the Lord. It had not been an easy life for her, being a widow all those years. Widows in those days did not have the same stature as those with husbands and families. But she lived every day in communion with the Lord, and it allowed her to recognise the infant, Jesus.

Simeon and Anna were persistent in prayer. They showed up faithfully each day. We can learn from them that God is always at work in a quiet way in our lives, even when things seem impossible. So don't give up and never think you are too old. God will show you things in your life if you stay close to Him with prayer, and you will recognise Him, just as Simeon and Anna recognised the infant, Jesus.

Intercom – Bonnie Chester, www.ursulinesisterslouisville

## Feast of St. Blaise – Monday 3rd February

Blessing of throats at the 10am and 7pm Masses in the Parish Church.

<u>Holy Hour</u>	- Every Sunday from 7pm to 8pm in the Parish Church.
Adoration of the Eucharist	- Every Friday from 11am in the Parish Church.
Rosary, Divine Mercy Chaplet	- Every day at 3pm in the Parish Church.

## Orthodox Liturgy

Saturday 8th February at 2.30pm in the Church of the Holy Rosary.

#### Latin Mass

The next Latin Mass takes place on Sunday February 9<sup>th</sup> at 6pm, in the Blessed Sacrament Chapel Knock.

### 'Whisper of God' One Day Retreat in the Prayer Centre, Knock Shrine on Saturday, February 8<sup>th</sup>

Participants will be guided through moments of scripture-based prayer, group sharing, and personal spiritual guidance. For more information, contact John Farrelly, Prayer Guides Coordinator at Knock Shrine. Tel: 086 0108623 or email prayerguidance@knockshrine.ie

#### Tuam and Killala Diocesan Pilgrimage to Lourdes 29<sup>th</sup> August to 4<sup>th</sup> September from Knock Airport

Led by Archbishop Francis Duffy. For more information and booking, please tel. 01 2410800, email: info@joewalshtours.ie or online at: www.joewalshtours.ie

#### Castlebar Samaritans Information Meeting Saturday February 8<sup>th</sup> at 12noon in the Ellison Hotel

Do you want to join their team of listening volunteers? By volunteering for a few hours a week, you could help change someone's life forever. Email: recruitment@galwaysamaritans.ie tel. 086 2468203, website: samaritans.ie/volunteer

## New Mayo Support Group for Widows and Widowers

Support Group meeting this Sunday 2<sup>nd</sup> February at 11am in Breaffy House Hotel.